

# Sharing Your Story

www.GuruInUs.com

*GuruInUs.com*, is on a mission to share inspiring and motivating stories and tools of everyday gurus, like you. We all deserve to live a happy and fulfilled life, and with each other we can.

Throughout our lives, we have all had our inner guru assist us in times of need. Depending on the struggle or need, our inner guru may be hard to find. Typically the greater the struggle the harder it is to find. We may lose hope, give up and think we are all alone... but deep down inside our guru is there and always will be. There are also many others willing to help each other and share their own stories. By sharing the stories of your inner guru, you have the ability to assist others and empower your inner guru. There are people going through a struggle you have already conquered, and with the knowledge you gained and your guidance, you can help them find their inner guru and conquer their own personal struggle. We can let them know they are not alone in their struggle and there are others willing to help.

## **What are we looking for?**

We are looking stories that inspire, motivate and give people hope, drive and happiness. Share your stories of triumph, inspiration, motivation and more. We also want stories of your current progress. Maybe you are still overcoming an obstacle or reaching a goal. Share your progress here for the help and support of others. When you do reach your goal or overcome the obstacle, we would love to share your follow-up story. With consent, you are also welcome to share stories about others you may know.

Share the tools you used to overcome your own struggles, reach goals and conquer the challenges of life. We all face challenges and may struggle to find the tools, support and strength needed to overcome them. This is where you can help, and remember, something that may seem small and insignificant to you may mean the world to someone else. *"No matter how **big** or **small**, your story could inspire all."* ~Founder of *GuruInUs.com*

## **What should you include in your story?**

There are no set guidelines and you can share as little or as much as you would like. The only thing we ask is that your story ultimately expresses a positive outcome or progression to give others useful knowledge and tools. If you need guidance, look below for some key points and feel free to contact our team for assistance at: [info@GuruInUs.com](mailto:info@GuruInUs.com)

### **Background -**

Include a brief background of those involved and what led the situation or event. Please include anything that may be relevant i.e., age, sex, relation etc.

*\*Names and other personal information may be kept anonymous or limited. See note below.*

### **The Challenge-**

Describe the challenge, obstacle, event or goal, and the primary individual/s involved. Explain how the individual or individuals are involved and affected, and the consequences that may come from the circumstance.

### **Action-**

Share the action taken, why it was taken, the tools used, where and how you found them or they found you. Examples of tools would be: friends & family, books, videos, organizations, a stranger, medical facilities, websites, programs, articles and anything that may have assisted you.

*If there are any foundations, support groups, organizations, etc., related to or started because of the circumstance, please acknowledge so others are able to find them and we can give them recognition and possible support.*

### **Conclusion-**

Explain the outcome, current situation, what you have learned, how it has made you a better and stronger person, and any other tips, advice or words of encouragement for others.

Thank you for your support and helping give others the tools, strength and courage to overcome any struggle and reach any goal. Life can be challenging but with each other we can overcome any obstacle and reach any goal.

**\*Note:** If wished, submissions may be kept anonymous or on a first name basis only. When published on the site we would like to share the name and location of who shared the story. You can advise on how much or little you wish to be shared. See some examples below. All personal contact information will be kept confidential and only shared with the submitter's consent.

### **Examples:**

Shared by: *Jane & John Doe of Somewhere, CO.*

Shared by: *Jane & John D. of Somewhere, CO.*

Shared by: *Jane & John*

Shared by: *Anonymous*

### **\*\*Disclaimer\*\***

**Please, no copyrighted or plagiarized material. It must be your own work or you have obtained permission for use. If anything is questionable, published submissions will be removed and we may require written proof of permission before republishing.**

**Stories and other submissions may or may not be posted by our team. We will do our best to share your story and submissions, if we feel it will have a positive impact on others and/or submission is not the same or similar to previously published material. Due to the high quantity of information shared, and the time it takes to process submissions, there may be a significant delay in publishing. Users will be notified if and/or when your submission is published.**